

Please slow down when passing moored boats

And remember for safety and courtesy:

If you are making a breaking wash running along the banks if you are going damagingly fast, even if you are not exceeding the maximum speed limit of 4mph.

Speeding

If you are looking to eat out my best advise would be to contact the establishment using the telephone numbers, website and social media pages on the back of this sheet to check opening hours and their covid 19 regulations. You will probably have to pre book if you want a meal, every one should be operating a track and trace scheme.

Pubs, Restaurants and Cafes are back open!!

You are now able cruise to Five Locks. I would just like to say on behalf of everyone on the canal thank you to everyone involved from carrying out the works to pushing the works along. I hope everyone takes this great opportunity to make the most of the lovely stretch south and have some wonderful trips.

and the weed cleared.

WE ARE OPEN!! The canal is full, bund's removed

Bridge 46 to Five Locks

Additional information

Also, since the guide was first written the dimensions of the winding holes have changed. Head to the website above and click on the Winding Hole Dimensions button under the Update sheet. You will be directed to a PDF where you can get the latest updated information to print.

WWW.MONANDBREGUIDE.CO.UK

The latest version of this update sheet can be downloaded from the website below

LATEST VERSION

October 2021

SUPPLEMENT
1. Amendments & Additions
2. Food & Drink at a glance

Along the canal from Brecon to Pontymoile you will come across these History Point markers.

C.R.T. And History Point have got together to create a history trail at points of interest. Just scan the Q.R. Code with your smart phone and it will automatically take you to the relevant web page. More are being added each month.



The Boaters Book

The admin team of the 'Bridge 46 to Five Locks' Facebook page have recently commissioned a new boaters book to be created after the last one went missing when the Cross Keys pub closed down. The new book will be located at The Open Hearth close to Bridge 49. Please if your'e passing and have the time pop in sign the book and share some memories with fellow boaters.

As the editor I rely on you, the readers, to help keep this update sheet and the guide accurate with changes and developments along the canal and in surrounding areas. If you feel there is an amendment to make please don't hesitate to get in contact via phone, email or social media.

Amendments:

Page 54 - The Swan has now closed

FOOD & DRINK AT A GLANCE

(Excluding principal towns where there is a wealth of choice)

Location & nearest Bridge No.	Pub/Hotel	Phone	Website or Facebook page	Additional Information
Sebastopol/Griffithstown Br. 49	Open Hearth	01495 763752	www.theopenhearth.wales	
Pontypool Br. 52	Horse & Jockey	01495 762723	FB – Horse and Jockey 2020	Closed on Monday
Mamhilad Br. 62 Br. 65	The Star The Horseshoe	01495 785319 01873 880542	FB – The Star Inn www.horseshoe.wales	
Goytre Br. 70	Goytre Arms	01873 880376	www.goytrearms.com	Closed on Monday
Govilon Br. 98	Tafarn-y-bont	01873 830720	FB - Tafarn Y Bont	
Gilwern Br. 103 Br. 103 Br. 103	Towpath Inn Beaufort Arms Corn Exchange	- 01633 846198 01873 810699	www.thetowpathinn.co.uk FB - The Beaufort FB - The Corn Exchange Gilwern	Closed Mon - Wed
Crickhowell Br. 115 Br. 115 Br. 115	Dragon Inn The Bear The Britannia Inn	01873 810362 01873 810408 01873 810553	www.dragoninncrickhowell.com www.bearhotel.co.uk FB - The Britannia Inn	
Llangatock Br. 115 Br. 115 Br. 117	The Horseshoe Vine Tree The Old Rectory	01873 268773 01873 812277 01873 810373	www.thehorseshoe.wales www.thevinetreellangatock.com www.rectoryhotel.co.uk	Closed on Mon - Tues
Upper Llangynidr Br. 129	Red Lion Hotel	01874 730223	theredlion1.vpweb.co.uk	Closed on Monday
Lower Llangynidr Br. 133	Coach and Horses	01874 730245	www.thecoachandhorsesinn.com	
Talybont Br. 143 Br. 143 Br. 143	Usk Inn The Star Inn The White Hart	01874 676251 01874 676635 01874 676227	www.uskinn.co.uk FB – The Star Talybont -	Closed on Monday
Pencelli Br. 154	Royal Oak	01874 665396	www.theroyaloakpencelli.com	
Groesfford Br. 163	Three Horseshoes	01874 665672	www.threehorseshoesgroesffordd.com	

All the establishments above are open 7 days a week unless stated otherwise in the additional information box. Although they are open some establishments may only be open from a certain time or may well not be serving food from or until a certain time. My advice would be to ring ahead to make sure that they are catering or have not shut early from lack of trade. Some will still be offering takeaways also.

Other establishments

Rogerstone – Fourteen Locks CC café - 01633 892167

Pontymoile - Café – 07930 201520

Goytre Wharf - Café – 01873 880899

Llanfoist – Spice Lounge Indian restaurant and takeaway – 01873 855720

Crickhowell – Courtroom café – 01873 812497

Red Indigo Indian restaurant and takeaway – 01873 811175

Llangynidr – Walnut Tree Café - 01874 730358

Talybont - Café - 01874 676663